

BATHGATE ASC SPRINTS with FINALS



Saturday 28th November 2026

Bathgate Xcite Pool

**Balbardie Park,
Torphichen Rd, Bathgate, EH48 4LA**

Licence number: L3/ED/061/NOV26

Meet Information

DATE	Saturday 28th November 2026		
TIME	Session	warm-up	Start
	1	8.45am	9.30am
	2	1.30pm	2.00pm
	Note that the afternoon session start time may be subject to change.		
AGE GROUPS	8-10 years, 11-12 years, 13-14 years, 15 years & over. Age on day of competition (28/11/26).		
ENTRY FEES	£7 per event. £10 per relay team.		
CLOSING DATE	noon Friday 6 th November 2026		
COACH PASS	£10 per club, includes programme & poolside refreshments.		
RELAY	Teams must consist of 2 male/open and 2 female swimmers. One from each age group (which is 8-10,11-12,13-14 & 15+). Clubs may swim athletes up an age group where they do not have sufficient numbers in an age group. Clubs can enter more than one team. In the event that the morning events are oversubscribed, the relay may be dropped from the meet.		
AWARDS	Medals will be presented to 1 st – 6 th place in each sprint final. The relay will be heat declared winners and medals will be presented 1 st – 3 rd place. Medals can be collected from the medals table in the spectator's gallery.		
OFFICIALS	Clubs are asked to provide a minimum of 2 technical officials per session. Please forward Names/positions (and whether mentoring is required) to bathgateasc.sto@gmail.com		

Entries should be made via Hy-Tek entry files which can be downloaded from Swim Scotland or by emailing the Meet Manager quoting your club name. Entries should be received by noon Friday 6th November 2026.

It is the responsibility of entry secretaries to ensure all entry times and DOBs are correct.

Entry file requests and entry files to be returned to :

Wendy Black

meetmanager.wendyblack@gmail.com

Meet Rules

- The meet will be held under SASA rules.
- The meet is licensed and a level 3 accreditation has been awarded.
- All swimmers of Scottish clubs must have a current SASA registration number. All swimmers of non-Scottish clubs must be registered with their governing body.
- The meet will be in accordance with SASA's Transgender & Non-Binary Competition Policy
- 6 lane, 25 metre competition pool. Anti-wave lane ropes. Spectator area.
- Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the attached SASA form.
- Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
- The organisers reserve the right to restrict entries if required to allow for the smooth running of the meet. Rejected entries will be refunded in full.
- There are no refunds for entries withdrawn after the draft programme is prepared.
- Over the top starts may be used at the discretion of the promoter to facilitate the smooth running of the meet.
- Swimmers must report to the competition stewards in the designated marshalling area at least five heats in advance.
- Neither Bathgate ASC nor Xcite Leisure Centre Bathgate can be held responsible for loss or damage to swimmers', team staff or spectators' property. Swimmers should secure their belongings in the changing rooms and not leave belongings unattended.
- Swimmers & coaches must not take glassware into the showers or on to poolside.
- Outdoor footwear must not be worn on poolside.
- Swimmers MUST wear dry clothing and footwear at all times when not in poolside area.
- Lunch will be provided for officials.
- Anything not covered above and not printed in the event programme will be at the organisers discretion.
- Bathgate Amateur Swimming Club reserves the right to vary the above conditions as necessary.
- Transgender & Non-Binary Competition: The Scottish Swimming Transgender & NonBinary Competition Policy was implemented on 1st January 2024. The policy and FAQs can be found at <https://www.scottishswimming.com/about-us/equality>. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

- Safeguarding: The primary safeguarding point of contact for the event in relation to wellbeing & protection matters or accidents is the Meet Organiser. The secondary point of contact is the Scottish Swimming Safeguarding Manager.
- Scottish Swimming “Swimwear Policies” shall apply. Bylaws BL 8.2 and BL 8.3 cover the requirement for design and material.

PROGRAMME OF EVENTS

SESSION 1

EVENT	GENDER	AGE	DISTANCE	STROKE
101	Female	8-10	50	Butterfly
102	Male & Open	8-10	50	Butterfly
103	Female	11-12	50	Butterfly
104	Male & Open	11-12	50	Butterfly
105	Female	13-14	50	Butterfly
106	Male & Open	13-14	50	Butterfly
107	Female	15 & Over	50	Butterfly
108	Male & Open	15 & Over	50	Butterfly
109	Female	8-10	50	Backstroke
110	Male & Open	8-10	50	Backstroke
111	Female	11-12	50	Backstroke
112	Male & Open	11-12	50	Backstroke
113	Female	13-14	50	Backstroke
114	Male & Open	13-14	50	Backstroke
115	Female	15 & Over	50	Backstroke
116	Male & Open	15 & Over	50	Backstroke
117	Mixed	Mixed	4x50 relay	Freestyle

SPRINT FINALS

118	Female	8-10	50	Butterfly
119	Male & Open	8-10	50	Butterfly
120	Female	11-12	50	Butterfly
121	Male & Open	11-12	50	Butterfly
122	Female	13-14	50	Butterfly
123	Male & Open	13-14	50	Butterfly
124	Female	15 & Over	50	Butterfly
125	Male & Open	15 & Over	50	Butterfly
126	Female	8-10	50	Backstroke
127	Male & Open	8-10	50	Backstroke
128	Female	11-12	50	Backstroke
129	Male & Open	11-12	50	Backstroke
130	Female	13-14	50	Backstroke
131	Male & Open	13-14	50	Backstroke
132	Female	15 & Over	50	Backstroke
133	Male & Open	15 & Over	50	Backstroke

SESSION 2

201	Female	8-10	50	Breaststroke
202	Male & Open	8-10	50	Breaststroke
203	Female	11-12	50	Breaststroke
204	Male & Open	11-12	50	Breaststroke
205	Female	13-14	50	Breaststroke
206	Male & Open	13-14	50	Breaststroke
207	Female	15 & Over	50	Breaststroke
208	Male & Open	15 & Over	50	Breaststroke
209	Female	8-10	50	Freestyle
210	Male & Open	8-10	50	Freestyle
211	Female	11-12	50	Freestyle
212	Male & Open	11-12	50	Freestyle
213	Female	13-14	50	Freestyle
214	Male & Open	13-14	50	Freestyle
215	Female	15 & Over	50	Freestyle
216	Male & Open	15 & Over	50	Freestyle

SPRINT FINALS

217	Female	8-10	50	Breaststroke
218	Male & Open	8-10	50	Breaststroke
219	Female	11-12	50	Breaststroke
220	Male & Open	11-12	50	Breaststroke
221	Female	13-14	50	Breaststroke
222	Male & Open	13-14	50	Breaststroke
223	Female	15 & Over	50	Breaststroke
224	Male & Open	15 & Over	50	Breaststroke
225	Female	8-10	50	Freestyle
226	Male & Open	8-10	50	Freestyle
227	Female	11-12	50	Freestyle
228	Male & Open	11-12	50	Freestyle
229	Female	13-14	50	Freestyle
230	Male & Open	13-14	50	Freestyle
231	Female	15 & Over	50	Freestyle
232	Male & Open	15 & Over	50	Freestyle

Safeguarding Attendees - The Use of Technology

* The meet organisers are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images.

* It should be acknowledged that the majority of images taken within Scottish Swimming licensed meets are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray the confidence or identity of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

* Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms.

* Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.

* The meet organisers are committed to ensuring that all children who participate in this meet are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact the Event convenor immediately to disclose your concerns.

* QR code to Scottish Swimming Photography Statement



Summary Entry Form

***** This form must be completed and returned with any entries via email. *****

Club Name:	Address:
Contact Name:	Telephone:
Club Code:	Email:
Total Male/Open entries @ £7 each:	Total Payable : £
Total Female entries @ £7 each:	Total Payable : £
Total Relay team entries @ £10 each:	Total Payable : £
Number of coaches : Passes @ £10 each	£
Total Amount Enclosed	£

Please make cheques payable to Bathgate ASC.

Please make payments via bank transfer to the account below:

BASC

Account number 00146838

Sort Code 80-05-56

Return this form along with entries to Wendy Black at
meetmanager.wendyblack@gmail.com by noon 6th November 2026